

13TH NOVEMBER

# St. James' School



## THE BILL OF RIGHTS

Richard Murray  
Headmaster

## OUTDOOR LEARNING

Kerry Jones  
Prep 2 Teacher

## MINDFULNESS

Eve Darwood  
RE/Geography Teacher



# Headmaster's Lesson Bill of Rights

BY RICHARD MURRAY,  
HEADMASTER

For the Headmaster's Lessons this week, I have been discussing the USA, not the election specifically which has been great spectator sport, but the all-important Constitution and the Bill of Rights.

Dating from 1789, the Bill of Rights has not been updated to account for the changing of times. Harking back to the time of the American Civil War, the third amendment forbids soldiers to arrive at citizens' homes and demand 'quarter', or accommodation for the night. Perhaps, some modernisation is required.

We discussed the first amendment – freedom of speech and press. Just because Americans have the right to say anything, does that mean what they say does not have consequences? Is it acceptable? Kind? Discriminatory? Having the right to do something comes with a greater responsibility to use this right correctly.

The second amendment – the right to bear arms – was the most contentious. We talked about the escalation of weaponry throughout human history: hands to clubs, to swords, to arrows, to bullets, to cannonballs, to missiles, and to nuclear weaponry, and asked the question as to whether the proliferation of arms is an inevitable consequence of the second amendment? Again, whilst Americans have the right to arm themselves, does it mean that they have to?

Many of the amendments within the Bill of Rights form the backbone of our society: the right of innocence unless proven guilty, the right to a fair trial, and the right to be judged by a jury of our peers. These rights stand the test of time and were without exception accepted as inalienable.

Finally, the ninth and tenth amendments talk about the limit of a person's rights and the government's power. These have been tested throughout the COVID pandemic; our government has had to make some big decisions (rightly or wrongly) and necessary restrictions have been put upon our movements. President Lincoln talked, at the Gettysburg Address, of a new birth of freedom; this is where my hopes lie.



# Mindfulness

Eve Darwood  
RE/Geography Teacher



**I tell students constantly that no question is a bad one.**

Both Geography and RE ask us to look at the world – its people, its mountains and rivers, its cultures, its morals, its similarities and differences – and begin to find answers to the questions about why it is the way it is.

Both subjects invite a mindful state of questioning: How come? Why? What might make it different? Both subjects, too, invite us to be mindful of our own place in the world, and our relationship to it.

Young children have an innate sense of wonder and enquiry, and manifest this constantly, with questions about why and how. In my subjects, I try to keep alive this sense of wonder and enquiry, and to undo the fear of asking the “wrong” questions.

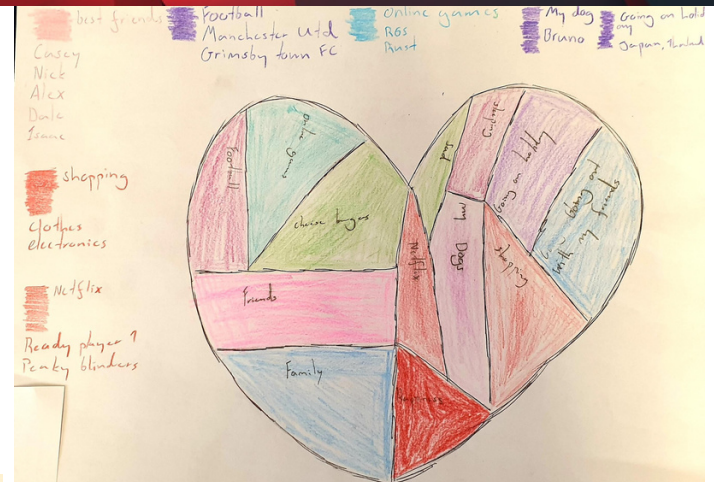
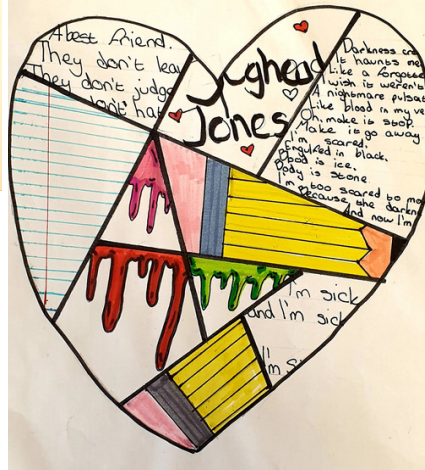
Questions move us closer to better understanding, of the world and of each other. And this can never be a bad thing.





A hand-drawn heart divided into 12 colored triangles, each representing a different Christmas gift. The colors and their corresponding gifts are as follows:

- Red = family/friends
- Green = holidays
- Brown = food
- Blue = shopping
- Pink = makeup/hairdyes
- Yellow = traveling
- Orange = Christmas
- Light blue = giving presents
- Grey = my phone
- Dark brown = clothes
- Light green = Netflix/tv shows
- Dark blue = music
- White = YouTube





# Remembrance Day

## Whole School Artwork

A selection of the Poppies created and displayed around school.





# Pre-Prep Outdoor Learning Day

Last week our Pre Prep enjoyed a full day of outdoor learning as they ventured into the Forest School to investigate, problem solve and create.

Outdoor Learning is an important part of the curriculum at St. James'. Last week all of the Pre Prep pupils took part in a day of learning in the Forest School and surrounding area. All of the activities were based around 'Fairytales', the topic for this half term.

Kerry Jones, Prep 2 teacher writes about the different activities that took place.

It all began on the Jolly Postman's rounds, there has been a break-in and the Pre Prep needed to investigate who the perpetrator was.

They visited Grandma's Cottage where the Big Bad Wolf was waiting for them! Luckily he was kind to everyone and showed the children how to make paintbrushes and draw a map from Red Riding Hood's House to Grandmas Cottage.

As the children made their way around the Postman's rounds they stumbled upon some giant lost glasses.... The Giant's glasses!!

The final stop was the Gingerbread Cottage where the witch was waiting to mix up some magical potions!

And this was all before lunch!







ST. JAMES' SCHOOL

# COVID; A GUIDE FOR PUPILS

## IF YOU FEEL UNWELL

Report to the School Nurse immediately

If you believe it to be COVID:

- use outdoor routes to the Medical Room if possible
- wear your mask
- keep 2m from other people, or if this is not possible, MAXIMISE separation

### 1 KNOW THE COVID SYMPTOMS

- A new continuous cough
- High temperature
- A loss of, or change in your usual sense of taste or smell

### 2 BUBBLES

St. James' is divided into the following six bubbles:

Nursery & Reception  
Prep 5 & Prep 6

Prep 1 & Prep 2  
Years 7-9

Prep 3 & Prep 4  
Years 10-13

### 3 SOCIAL DISTANCING

Whenever possible try to maintain at least a 1m distance from other people.

We are aiming to *minimise* contact between individuals

### 4 FACE COVERINGS

Face coverings should be worn when:

- transitioning between lessons
- when indoors during wet break/lunch
- using School Minibuses

Pupils may wear face coverings at any other time they wish to.

### 5 HYGIENE

You must sanitise your hands on arrival at school.

Wash your hands regularly, and re-sanitise between each lesson, after break, and both before and after lunch.

### 6 TRAVEL & QUARANTINE

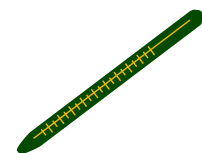
All pupils and visitors arriving at St. James' will be screened regarding any recent travelling.

Where necessary, pupils will be required to self-isolate before being allowed to integrate with the other boarders and the school community. This can only be accommodated at St. James' at the beginning of an academic term.

The 'Safe List' of travel corridors changes regularly. Boarders should plan ahead for half-terms and holidays, considering that remaining in the UK may be safer. Host Families can be arranged with sufficient notice.

### 7 SUPPORT & WELLBEING

We are here to support you if you are anxious or unsure of anything COVID related. Speak to your Form Tutor, Head of Section or the School Nurse.





# Recognising Coronavirus (COVID-19) Symptoms



Symptoms	<b>Covid-19</b> Symptoms range from mild to severe	<b>Flu</b> Rapid onset of symptoms	<b>Cold</b> Gradual onset of symptoms
 <b>Fever (37.8C or above)</b>	Common	Common	Rare
 <b>Fatigue</b>	Sometimes	Common	Sometimes
 <b>Cough</b>	Common (usually dry)	Common (usually dry)	Mild
 <b>Sneezing</b>	No	No	Common
 <b>Aches and pains</b>	Sometimes	Common	Common
 <b>Runny or stuffy nose</b>	Rare	Sometimes	Common
 <b>Sore throat</b>	Sometimes	Sometimes	Common
 <b>Diarrhea</b>	Rare	Sometimes (for children)	No
 <b>Headaches</b>	Sometimes	Common	Rare
 <b>Shortness of breath</b>	Sometimes	No	No
 <b>Loss of taste or smell</b>	Common	No	Sometimes

Common symptoms are highlighted in green as a comparison.  
For more information visit:  
[www.nhs.uk/conditions/coronavirus-covid-19/symptoms](http://www.nhs.uk/conditions/coronavirus-covid-19/symptoms)



# St. James' Guide to Track & Trace

From October onwards we have become more aware of the prevalence of COVID in the North East Lincolnshire area, and more recently it has directly impacted upon members of our community.

Please rest assured that as soon as the school are made aware of a positive test result, the following action is implemented:

## • Contacting Close Contacts

We will urgently contact parents of effected pupils, parents or staff to explain that they have been identified as a close contact and their need to self-isolate. We will provide the date on which they may return to St. James' to study, work, or drop off.

## What is meant by a 'contact'

A 'contact' is a person who has been close to someone who has tested positive for COVID-19 anytime from 2 days before the person was symptomatic up to 10 days from onset of symptoms (this is when they are infectious to others).

For example, a contact can be:

- people who spend significant time in the same household as a person who has tested positive for COVID-19
- sexual partners
- a person who has had face-to-face contact (within one metre), with someone who has tested positive for COVID-19, including:
  - being coughed on
  - having a face-to-face conversation within one metre
  - having skin-to-skin physical contact, or contact within one metre for one minute or longer without face-to-face contact
- a person who has been within 2 metres of someone who has tested positive for COVID-19 for more than 15 minutes
- a person who has travelled in a small vehicle with someone who has tested positive for COVID-19 or in a large vehicle or plane near someone who has tested positive for COVID-19

Where an interaction between 2 people has taken place through a Perspex (or equivalent) screen, this would not be considered sufficient contact, provided that there has been no other contact such as any of those indicated above.

Contacts of a person who has tested positive for COVID-19 need to self-isolate at home because they are at risk of developing symptoms themselves in the next 14 days and could spread the virus to others before the symptoms begin

## • Consider the need for wider communication

We have to balance the need to reassure our community that they are not a close contact with the rights of each individual to privacy and medical confidentiality. As you may appreciate, this is not easy. If you are not directly contacted by the Headmaster's PA, Mrs Jennings, then you or your child(ren) have not been identified as close contacts. Please trust that we are aiming for transparency whilst preserving the dignity of those who have tested positive.





# Upcoming Events

## 16th - 20th November

Whole School Calendar of Events

November 2020

Mon	Tue	Wed	Thu	Fri	Sat	Sun
26	27	28	29	30	31	1
	2 Art/Phot... GCSE Fr...	3 4	5	6 English ...	7	8
9	10 Art/Phot... GCSE Fr...	11	12	13 Children ... English ...	14	15
16	17	18	19	20	21	22

**16th - 20th  
Year 11 & Year 13  
Mock Examinations**





# St. James' School

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